



STREETDOCTORS

EMPOWERING YOUNG PEOPLE AFFECTED BY VIOLENCE TO KEEP THEMSELVES AND OTHERS SAFE

STREETDOCTORS STEPWISE PROGRAMME



WHAT IS STEPWISE?

StepWise is a peer education programme that enables young people affected by violence to learn, share and teach emergency lifesaving skills.

The programme enables young people to:

- learn emergency life-saving skills so they can become potential lifesavers in their communities;
- gain an Emergency First Aid at Work accreditation;
- learn about healthcare volunteering and career paths;
- build their emotional and social skills;
- acquire facilitation and training skills to be able to co-deliver emergency first aid training sessions to their peers alongside our healthcare volunteers;
- learn about their legal rights in relation to violent situations and Police responses.

StepWise provides lifesaving skills acquisition, a First Aid at Work accreditation, increased confidence in leadership and presentation skills, the opportunity for young people to enhance their CVs' and the inspiration to explore healthcare careers.

Each StepWise cycle is evaluated to measure impact using a mixed methods approach.

A StepWise cycle costs between £10,000 - £20,000. Costs are dependent on the bespoke package that is created for the provider. The example package demonstrated below is £20,000.

“StreetDoctors taught me a lot of things, especially helping someone who’s unconscious, or been stabbed. Living in a deprived area, it helps to understand that, in a situation, you know how to tackle it, you can easily be there and help people around you. And it also gave me insight into medicine and I want to pursue it when I’m older.” - Jessica, StepWise Graduate

STEP ONE

(For 24 young people max.)

Step one involves young people learning the skills to save a life, acquiring an Emergency First Aid at Work accreditation, and learning about NHS careers.



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During step one young people will:

1. Attend a standard StreetDoctors 'What to do when someone is bleeding' session (60 mins)
2. Attend a standard StreetDoctors 'What to do when someone is unconscious' session (60 mins)
3. Attend a StreetDoctors 'Joint' session- building on sessions 1 and 2, young people use their learning in a set of scenarios (60 – 90 mins)
4. Take part in a social and emotional resilience skills building session led by behaviour change charity [Khulisa](#)
5. Take part in an Emergency First Aid at Work course (7 hours, including a lunch break)
6. Attend a Careers Day facilitated by an external provider (for example [Medical Mavericks](#)) where they interact with medical equipment and learn about NHS careers (3 hours)
7. Take part in a session, for example run by London's Air Ambulance, that includes a mock medical emergency role play (3 hours)
8. Learn about their legal rights in relation to violent situations and police responses (90 minutes)

STEP TWO

(8 young people from step one progress to step two)

Step two is for StepWise step one graduates who want to continue to the next stage learning how to co-deliver StreetDoctors sessions alongside existing StreetDoctors healthcare volunteers.

During step two young people will:

1. Attend a training session with StreetDoctors volunteers focused on learning training facilitation skills (6 hours, including a break. This can be split across two sessions if needed)
2. Co-deliver StreetDoctors teaching with StreetDoctors volunteers at four training sessions attended by their peers affected by violence (each session is 60mins)

All young people graduate from step one and two at a ceremony where certificates are awarded and inspirational speeches given.

"This is the first course I have ever completed in my life. There is a lot of things we have done that we are not going to forget" - StepWise Graduate, Wetherby YO1





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WHAT WILL STREETDOCTORS PROVIDE?

- A team of trained healthcare volunteers (who have an enhanced DBS certificate) to support delivery of all the sessions
- A full-time staff member to support all logistics of session delivery
- Management of any external partners delivering scheduled sessions
- A shared project plan that can be used to support the delivery of the project together
- Marketing materials to support the recruitment of young people to StepWise
- A service level agreement
- Support for setting up co-delivery sessions that are part of step two
- Management of the final graduation event

WHAT ARE WE LOOKING FOR FROM A DELIVERY PARTNER?

- Partners who work regularly with young people affected by violence and able to bring together a maximum cohort of 24 young who can take part in StepWise
- Have a reliable, enthusiastic staff member with good availability who will be StreetDoctors main point of contact
- Be able to have a staff member present at each scheduled session
- Support with gathering of data required to measure impact of the programme
- Encourage young people to engage with interviews or a focus group as part of the evaluation of StepWise

"The positivity your team brought when coming into Wetherby was a breath of fresh air, the way they got the lads engaged and learning was absolutely fantastic. The celebration day itself was inspiring. The opportunities to see the difference we can make to those young lives does not always come to fruition and to see those young men so confident in the way they handled themselves in front of everyone and deliver the session the way they did on Saturday made me well with pride. We DEFINITELY need more of this at Wetherby!" - Prison Officer, Wetherby YO1

FOR FURTHER INFORMATION ABOUT STEPWISE PLEASE CONTACT JOANNA VIDAL, YOUTH ENGAGEMENT MANAGER JOANNA@STREETDOCTORS.ORG