



StreetDoctors

Training Volunteer
Recruitment Pack



Introduction

If you're a trainee doctor, paramedic or nurse or are qualified in any of these professions, StreetDoctors could be for you.

Why does StreetDoctors exist?

At StreetDoctors we believe knowledge is power. We put young people at the centre of emergency first-aid provision and empower young people to become part of the solution to violence, rather than just being seen as 'part of the problem'.

What do we do?

We equip young people affected by violence with the skills to save lives in their communities and with the knowledge to make informed decisions about keeping themselves and others safe.

We do this by training young people in emergency first aid, including what to do if someone is bleeding or unconscious.

How do we do it?

We use a peer to peer training approach delivered by our network of young healthcare volunteers (nurses, paramedics and doctors) who work in partnership with criminal justice services, schools, pupil referral units, youth, sports and community groups.

Who can be a StreetDoctors volunteer?

- 📄 **Student medics, nurses or paramedics OR qualified junior doctors, nurses or paramedics** aged between 18 – 30 years of age.
- 📄 Someone that can give a **2 year commitment** to training young people.
- 📄 Someone that is **passionate about young people** being part of the solution to ending violence.

Why reducing violence affecting young people matters

- 📄 **Violence is the third leading cause of death of young people in Europe.** Some of these deaths happen because the people present do not know what to do; they panic and don't call for help.
- 📄 **Education is prevention.** Sharing your knowledge and skills with young people increases their likelihood of knowing what to do in a medical emergency, so they can be lifesavers in their communities.
- 📄 **Young people need role models.** Giving your time to young people creates an opportunity for them to ask questions, learn in a safe space and encourage them to make positive choices.



"Everyone needs to have this kind of training. I wouldn't panic, I'd be able to help someone. People get stabbed in my area all the time, and now I just want to be there. I could be calm, I'd know what to do, I could help." - **Young Person**

What will I be doing as a StreetDoctors volunteer?

Deliver StreetDoctors sessions to young people

Volunteers currently deliver two sessions; "what to do when someone is bleeding" and "what to do when someone is unconscious."

Training sessions last 60-90 minutes and happen at a variety of venues, including digitally over Microsoft Teams or Zoom. Some of the venues include: Pupil Referral Units, Youth Offending Teams, schools, colleges, youth clubs, youth charities and sports schemes.

Run your own local teams

If you're interested, you can take on a specific role within your team and develop your leadership skills. Some roles meet nationally with other volunteers across the UK, supporting all aspects of the charity.

Represent StreetDoctors

Take part in press or media interviews to talk about StreetDoctors work. Present and contribute to StreetDoctors impact research at conferences.



"Stuff like this needs to be more nationwide. I feel if young people knew about the stuff that I learnt in StreetDoctors it would be better to help young people develop as a society and the next generation."

- **Young Person**

How do I get involved?

- Each year every team recruits new volunteers from their university or local area. Recruitment involves information evenings and holding auditions for people who want to volunteer.
- Auditions are an opportunity for you to teach something to others. The topic is your choice and you'll have two minutes to engage and teach others!
- If successful at Auditions, you will become a member of your local team and be **required** to attend national training events on set days. These events are free of charge and if in person, travel is paid for.
- To find out where our local teams are based [visit our teams page](#)



"StreetDoctors has the most outstanding community of volunteers I have ever experienced. From local team meetings to national events, you always feel like you are part of a bigger movement where together we can make a real difference. I have become a more rounded person and feel altogether more ready to face working life equipped with so many new skills." - Volunteer

What can you expect from StreetDoctors as a volunteer

- 📄 **Full training** so that you are ready to be a proficient training in your local area. Including:
 - o How to deliver a StreetDoctors training session
 - o Safeguarding and ensuring sessions are trauma-informed
 - o Legal issues surrounding violent crime
 - o Using our database to track your impact
 - o E-modules about haemorrhage control, CPR and the recovery position
- 📄 **Expenses reimbursed** – We don't expect you to be out of pocket while doing great work for StreetDoctors.
- 📄 **Certification** for all the hours you give to StreetDoctors and references (where appropriate).
- 📄 **A rewarding experience that broadens your horizons.** You will meet new and interesting people (young people in your community, fellow volunteers and other professionals).
- 📄 **Networking.** Many influential people are interested in what we do and there are lots of healthcare professionals like yourself.
- 📄 **Be part of a social movement** of healthcare volunteers who are invested in ending violence affecting young people in their communities across the UK.
- 📄 Access to a **friendly staff team** should you ever need assistance in your volunteer role.
- 📄 **Develop your portfolio** for any career path.
- 📄 **Fun!** Not only is volunteering with young people enjoyable, you will learn a lot from training in a variety of settings and working with different people.

"It has been the best decision I made at uni! There are a lot of charities you can be a part of, but at StreetDoctors you actually get involved and can train vulnerable young people key lifesaving skills. Not only that, but you can get involved with the charity on a national level, contributing ideas to the direction it takes." - **Volunteer**

What does StreetDoctors expect from a volunteer?

- 📄 **At least a 2 year commitment.** This allows you to get the most from your volunteer experience.
- 📄 **Attend a free compulsory training events** for new volunteers.
- 📄 **Complete a DBS or PVG application form** that is registered with the Update Service.
- 📄 **Be part of your team,** attending your local meetings where you'll receive updates from each other.
- 📄 **Be proactive** in signing up to deliver training sessions to young people. There are sessions happening all over the UK and some of these are digital!
- 📄 **Support your local team** with reaching goals you all agree together, e.g. training young people, gathering data, inputting data online and fundraising. These are all vital tasks to keep StreetDoctors doing what we do!
- 📄 **Be responsible** for recording impact data from sessions you train on our databases
- 📄 **Be vocal.** If there is something you don't like or something you think could be done better, let us know!
- 📄 **Enjoy yourself!** StreetDoctors is an exciting and dynamic organisation, with varied volunteer and paid opportunities available for you to develop yourself.

"It has opened my eyes to the realities facing young people from disadvantaged backgrounds, and the work that needs to be done to tackle the societal factors contributing to youth violence."

- Volunteer



For more information, please get in touch:

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